



## **6. Potential risks associated with the activity**

Slips, trips, falls, dehydration, sun-burn, heat exhaustion, heat stroke, torrential rain and/or lightning strikes, robbery, highly unlikely terrorist attack or drowning due to falling into the water. See Activity-Based Risk Assessment Form (uploaded to IVLE & attached to this ESP printout) for further details.

## **7. List special health considerations (e.g., hydration plan)**

- Students are advised to bring plenty of liquids with them. Additionally, there would be possibility to purchase water/refreshments at the meeting point and at Marina Barrage.
- Students are advised to bring hat, sun-protective attire (long sleeves, appropriate light fabrics), sun block with sun protection factor (SPF) of 30+, rain coat, and to be prepared for unexpected weather changes. The weather forecast will be checked before the trip.
- Students are advised to bring mosquito repellent to protect themselves from potential mosquito bites and the relatively low chance of getting infected with Dengue or Zika. The Dengue Clusters online portal by nea.gov.sg will be checked before the trip.
- If students are severely allergic to certain insects, they are advised to bring anti-allergy medication. Additionally, if there are any students with diabetes or other serious condition that may put them in severe health risk, they should inform the event leader (Denitza Voutchkova) about their condition prior the field trip. All necessary medication should be brought to the field trip in case students with severe health issues decide to join nevertheless.
- Students are advised to bring appropriate foot wear, since there will be some walking during the field trip (1.5-2km). Appropriate foot wear is also needed, so we prevent slips, trips and falls.

Checklist for what to bring at the field trip is included on IVLE and attached to this ESP printout. Further information can also be found in the Mitigation and Risk Control fields of Activity-Based Risk Assessment Form (uploaded to IVLE & attached to this ESP printout).

## **8. Recce Summary (if no Recce required, provide details)**

The Recce was conducted on 27 Feb 2018. The field trip outline is based on the recce observations. Walking for 1.5km is the most troublesome part in the Singaporean climate context. Sun hats are necessary requirement.

## **9. What steps will be followed in case of an emergency**

In a case of emergency:

1. Contact ambulance (phone: 995)
2. Provide necessary information to paramedics & emergency room personal
3. Contact Ms Wong Lai Wa to inform Department of Geography (NUS) for the accident
4. Contact NOK to inform about the accident

**This document is prepared for:**

Field trip for GE4211 to Marina Barrage

**This document is prepared by:**

Denitza D. Voutchkova (22 Mar 2018)

/signature/

By signing in the table below, you confirm that you have received all safety risk information (the Event Safety Plan, as well as the Activity-Based Risk Assessment Form, and the field trip info-sheet) and that you have returned it (passed it to the student sitting next to you). Sign both received & returned fields and don't forget to write your names and the date on which you have signed.

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